

Middleton Elderly Aid- Regular Activities 2016

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| <p>Monday St Cross Holy Church</p> | <p>Centre opens 10.00 - 11.30 Call in for a chat, and a cup of tea or coffee.</p> | <p>Lunch Club 12.30 - 1.30 (Lunch served approximately 12.30 pm) Come and enjoy a hot 2 course lunch served with either tea or coffee.</p> | <p>Walking Stick Group 10.00 - 11.45 Join Robin and learn how to make your own walking stick.</p> | <p>Jam Group 10.00 - 11.30 Eileen will show you how to make jams and other preserves. Come and share your experience with the group.</p> | <p>Activities throughout the week:</p> <p>Knitting Group 10.00 - 11.30 Bring along your latest project and chat while you knit, crochet or sew. Share patterns and ideas.</p> <p>Table Activities 10.00 - 1.30 We have a wide range of table activities for you to try and enjoy such as jigsaws and scrap books. We always welcome new hobby groups so come along with your ideas and share your skills.</p> <p>Computer Access 10.00 - 1.30 We have internet access and iPads available for you to learn about online shopping, how to Skype friends and relatives and see all our photographs and videos on line. Bring in your own computer and we can spend time helping you to get the most out of your device. Look out for visits from the Library Service.</p> |
| <p>Tuesday St Cross Holy Church</p> <p>Access Bus Available(Limited Seats)</p> | <p>Sam is available on Mondays and Tuesdays to give out information and make referrals to organisations that can help with housing information, money matters and how to access Health and Social Care Services. Members will be seen on a first come first served basis.</p> | <p>Only £3.50 but must be booked in advance.</p> | <p>Craft Group 10.00 - 11.30 Come and learn how to make a variety of beautiful crafts and gifts with Pauline.</p> | <p>Baking Group 10.00 - 11.30 Each week Carol and the group cook up lots of tasty treats.</p> | |
| <p>Thursday St Cross Holy Church</p> | | <p>Prize Bingo Lots of prizes to be won or collect stamps for a shopping voucher!</p> | <p>Model Making Group 10.00 - 11.30 For beginners and the more experienced we have a choice of models for you.</p> | <p>Dancing 10.00 - 11.00 Classes are booked and paid in advance for 6 week blocks. First dance session is FREE!</p> | |
| <p>Friday Middleton Park Court(Sheltered Accommodation)</p> | <p>Tea and Toast 10.00 - 12.00 Call in for a chat, information about events and advice from Sam.</p> | <p>Lunch Club 12.30 - 1.30 Come and enjoy a hot 2 course lunch served with either tea or coffee. Only £3.50 but must be booked in advance.</p> | | <p>Quiz and Games We have a wide selection and enjoy playing Hoy, Bingo and play your cards right.</p> | |

Enquiries or bookings please call 01132721050