
MIDDLETON ELDERLY AID WEEKLY ACTIVITY PLANNER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">CRAFTS 10.00 - 11.30 £2.00 PER SESSION</p>	<p style="text-align: center;">SPEAKERS, DOMINOS, NAIL PAINTING, RINGTONS, HEARING AID CLINIC, GREEN DOCTOR ETC. 10.00 - 11.30</p>	<p style="text-align: center;">BACON SARNIES £1.00 9.00 - 11.00</p>	<p style="text-align: center;">PING PONG 10.00 - 11.30 MODEL MAKING 10.00 - 11.30</p>	<p style="text-align: center;">TOAST, CUPPA & GAMES MORNING 10.00 - 11.30</p>
<p style="text-align: center;">BINGO & HOY 11.30 - 12.30</p>	<p style="text-align: center;">BINGO & HOY 11.30 - 12.30</p>	<p style="text-align: center;">DROP IN</p>	<p style="text-align: center;">BINGO & HOY 11.30 - 12.30</p>	<p style="text-align: center;">BINGO & HOY 11.30 - 12.30</p>
<p style="text-align: center;">LUNCHCLUB 12.30 - 1.30 £4.00</p>	<p style="text-align: center;">LUNCHCLUB 12.30 - 1.30 £4.00</p>	<p style="text-align: center;">TRIPS</p>	<p style="text-align: center;">LUNCHCLUB 12.30 - 1.30 £4.00</p>	<p style="text-align: center;">LUNCHCLUB 12.30 - 1.30 £4.00</p>
<p style="text-align: center;">DANCERISE 2.00 - 3.00 £3.00 PER SESSION</p>	<p style="text-align: center;">LINE DANCING 2.00 - 3.30 £3.00 PER SESSION</p>	<p style="text-align: center;">SPECIAL ACTIVITIES ENTERTAINMENT TEA DANCE MEMORY CAFÉ</p>	<p style="text-align: center;">QUIZ AFTERNOON & BOCCIA WITH ROCKY 1.30 - 2.30 £2.00 PER SESSION</p>	<p style="text-align: center;">CHAIR BASED EXERCISE 1.30 - 2.30 £2.00 PER SESSION</p>

IF YOU ARE INTERESTED IN ANY OF OUR ACTIVITIES OR LUNCH CLUBS PLEASE BOOK FIRST ON 0113 2721050