

MIDDLETON ELDERLY AID WEEKLY ACTIVITY PLANNER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CRAFTS 10.00 - 11.30 £2.00 PER SESSION	SPEAKERS, DOMINOS, NAIL PAINTING, RINGTONS, HEARING AID CLINIC, GREEN DOCTOR ETC. 10.00 - 11.30	BACON SARNIES & CUPPA £1.00 9.00 - 11.00	PING PONG 10.00 - 11.30 MODEL MAKING 10.00 - 11.30	TOAST, CUPPA & GAMES MORNING 10.00 - 11.30	FULL BREAKFAST £3.00 9.00-11.00
BINGO & HOY 11.30 - 12.30	BINGO & HOY 11.30 - 12.30	DROP IN	BINGO & HOY 11.30 - 12.30	BINGO & HOY 11.30 - 12.30	EARLY FLYER BINGO
LUNCHCLUB 12.30 - 1.30 £4.00	LUNCHCLUB 12.30 - 1.30 £4.00	TRIPS	LUNCHCLUB 12.30 - 1.30 £4.00	LUNCHCLUB 12.30 - 1.30 £4.00	12.30-1.00 25P BOOK MAIN SESSION 1.00-3.00 75P BOOK
DANCERCISE 2.00 - 3.00 £3.00 PER SESSION	LINE DANCING 2.00 - 3.30 £3.00 PER SESSION	SPECIAL ACTIVITIES ENTERTAINMENT TEA DANCE MEMORY CAFÉ WALKING GROUP	QUIZ AFTERNOON & BOCCIA WITH ROCKY 1.30 - 2.30 £2.00 PER SESSION	CHAIR BASED EXERCISE 1.30 - 2.30 £2.00 PER SESSION	LATE FLYER 3.00-3.30 75P BOOK
					SANDWICHES AVAILABLE £2.00

IF YOU ARE INTERESTED IN ANY OF OUR ACTIVITIES OR LUNCH CLUBS PLEASE BOOK FIRST ON 0113 2721050